

1. **Event name: Independence Day celebration**
Date: 15-08-2020



74th Independence Day celebration

2. **Event Name: Sadbhavana Day Celebration**
Date: 20th August 2020



समर्पण: विना प्रतिक:

मैं प्रतिज्ञा करता/करती हूँ कि मैं जर्मि, सत्यता, ईश्वर, धर्म, ज्ञान, भाषा का पक्षधर किए बिना सभी भारतीयों की सामाजिक एकता और समभावता के लिए कार्य करूँगा/करूँगी। मैं पुनः प्रतिज्ञा करता/करती हूँ कि मैं हिंसा का सहारा दिए बिना सभी प्रकार के मनुष्य हानिकारक और सैविक/सामाजिक से सुसंवाह्य या/सुसंवाहणी।

The pledge was taken online through the 'Google Meet'



application by 121 faculty and students.

3. **Event Name: Fit India Run**
Date: 27th September 2020



Steps/run covered by Participants

FIT India Movement was organized in **CMR Institute of Technology, Bengaluru** under **NSS CMRIT Cell banner** from **27th September to 30th September 2020**. It aimed at making people **physically fit**. **Nearly 89 students and 26 faculties participated in the event**. And together they covered distance of **410 km** which made them **physically active**.



4. Event Name: **NSS-Day**
Date: **24th September 2020**



National Service Scheme of CMR Institute of Technology Bangalore, celebrated NSS day by taking pledge on **Cleanliness of the Environment**. The Pledge was administered by a NSS Volunteer.



5. **Event Name: Vigilance Day**
Date: 27th October 2020 to 2nd November 2020



Online healthy debate competition on topic “ILL EFFECT & PREVENTION OF CORRUPTION” was organised under Vigilance week on 31ST October 2020.



6. *Event Name: Covid-19 pledge*
Date: 12th October 2020



कठिना

मैं _____ संकल्प लेता/लेती हूँ कि मैं कोविड-19 के खतरे से सतर्क रहूँगा/रहूँगी और खुद और मेरे साथियों को अपने खुद खतरे को दूर रखने के लिए सावधानी बरतूँगा/बरतूँगी।

मैं इस संकल्प लिखने के पक्ष में योगदान दूँगा/दूँगी और आवश्यक समय पर बदलने का खतरे को दूर रखूँगा/रहूँगी। मैं कोविड के खतरे को दूर रखने के लिए आवश्यक सावधानी बरतूँगा/बरतूँगी और दूसरों को भी इसके लिए प्रोत्साहित करूँगा/करूँगी। मैं हमेशा सार्वजनिक स्थानों पर मास्क/चेहरा कवच पहनूँगा/पहनूँगी, विशेषकर सार्वजनिक स्थानों पर। मैं दूसरों से कम-से-कम 2 मीटर की दूरी बनाकर रहूँगा/रहूँगी। मैं अपने हाथों को नियमित रूप से और अच्छी तरह साबुन और पानी से धोऊँगा/धोऊँगी।

एक साथ साथ विरक्त कोविड-19 के खिलाफ हम सफल हो सकेंगे।

Pledge

I _____ commit to be vigilant and bear in mind at all times, the risk to myself and my colleagues from COVID-19.

I promise to take all necessary precautions that prevent the spread of this deadly virus. I promise to follow and encourage others to follow the key COVID Appropriate Behaviour.

To always wear a mask / face cover, especially when in public places.

To maintain a minimum distance of 6 feet from others.

To wash my hands, frequently and thoroughly with soap and water.

Together we will win this fight against COVID-19.

The pledge was taken under "Jan Andolan Campaign". The three messages being highlighted were "Wear Mask, Follow Physical Distancing and Maintain Hand Hygiene"



7. Event Name: **National Unity Day**
Date: **31st October 2020**



राष्ट्रीय एकता दिवस
शपथ

मैं सत्यनिष्ठा से शपथ लेता हूँ कि मैं
राष्ट्र की एकता, अखंडता और सुरक्षा
को बनाए रखने के लिए स्वयं को
समर्पित करूँगा और अपने देशवासियों
के बीच यह संदेश फैलाने का भी
भरपूर प्रयास करूँगा। मैं यह शपथ
अपने देश की एकता की आवश्यकता से ले
रहा हूँ जिसे सदैव बल्लभभाई पटेल
की दूरदर्शिता एवं कार्यो द्वारा संभव
बनाया जा सका। मैं अपने देश की
आंतरिक सुरक्षा सुनिश्चित करने के
लिए अपना योगदान करने का भी
सत्यनिष्ठा से संकल्प लेता हूँ।

RASHTRIYA EKTA DIWAS
PLEDGE

I solemnly pledge that I dedicate
myself to preserve the unity, integrity
and security of the nation and also serve
hard to spread the message among my
 fellow countrymen. I take this pledge in
the spirit of certification of my country
which was made possible by the vision
and actions of Bhaiyya Vallabhbhai Patel.
I also solemnly resolve to make my own
contribution to ensure internal security
of my country.

Pledge was taken by the faculty conducted online using google meet application at
10:00am on the occasion of **Rashtriya Ekta Diwas**



8. Event Name: **Fit India Run**

Date: **22nd December to 26th December 2020**



Nearly **76 students** and **15 faculties** participated in the event. And together they covered a distance of **360 km** which made them **physically active**.

9. Event Name: **National Youth Day**

Date: **12th January 2021.**





Swami Vivekananda accorded great importance to youth power towards nation building and universal brotherhood. **NSS Club of CMRIT** had organized an **online debate** competition.

10. Event Name: *National Voters Day*
Date: *25th January 2021*



Election Commission of India has declared its foundation day as "**National Voters Day (NVD)**". Main **motto** of this celebration is to **spread awareness** among the general public to **register each and every citizen as an elector in the electoral roll**.

11. Event name: **Vidyagama**

Date: **12th January 2021**



12. Event name: Essay writing Competition

Date: 05-04-2021

Poster

The poster is green with white and black text. At the top left is the NSS logo with '50' and 'NATIONAL SERVICE SCHEME'. At the top right is the CMRIT logo. The main text reads: 'NSS CMRIT', 'Essay Writing On', 'Elimination of Single-use Plastic', and 'Last date to send your entries : 05 Apr 2021'. A drawing of a plastic bag is in the center. Below it, it says 'Participation Certificate will be provided for all' and 'Contact Details : Tarun 96068 20358, Shashank 9901892988'.

Elimination of single use plastic

Pollution is the introduction of harmful materials into the environment. These materials are called pollutants. Some pollutants can be natural and in volume and in man-made such as lead, iron, pesticides.

There are many types of pollution such as water, air, land, sound, light etc.

One of the main causes for pollution is the plastic which is made of cellulose, natural gas, made out by polymerisation process. It is coming to the point of elimination of plastic. Out of all the plastic materials of use, plastic bags are most of which cannot be recycled. Single use plastic includes plastic bags, packets, sheets, caps of water bottles and food packaging items. These materials are used only once and then thrown away as a garbage for recycle.

Plastics are non-biodegradable and slowly get into landfill sites. It is found as you get water with the colour and some water pollution.

It also enters into soil and breaks down into small particles. Because they do not decompose, they remain in the soil and make the soil more dry and barren. Also, these plastic particles are also damaging our earth and environment. These plastics are the major cause for water pollution and this deteriorating our environment.

It is very harmful for human beings, animals and various creatures. In the water bodies as it spoils animals and plants. Pollutes along with their food.

ELIMINATION OF SINGLE USE PLASTICS

"Plastic pollution for world is not a alone but a commitment to life - it committed to the next generation"
- Anshu Ray

Plastic is polluting a planet in our waste management system. Our environment and our lives. Plastic being non-biodegradable takes upto thousands of years to decompose. In the meanwhile, it deteriorates our environment. For many animal species plastic waste is deadly as nightmare.

Single use plastic may represent the epitome of today's throw away culture. Items intended to be used only once before they are thrown away or recycled are called single use plastic.

According to the US Environment, the most common single-use plastics found in the environment are plastic drinking bottles, plastic grocery bags, food wrappers, plastic lids, cigarette packs, plastic bottle caps, straws, stirrers, foam take-away containers to name a few.

Single use plastic are in spotlight as more and more people up to reduce their the steps for their decisions. Single-use plastic problem presents a daunting picture.

According to reports just 1% percent of the world's waste is biodegradable. Because of plastic has been recycled. Most of the plastic ends up in landfills, our oceans and waterways, and the environment.

Plastics bags are being used in daily life. This competition focusses on elimination of single use plastic to keep the environment clean.

13. Event name: Vaccination Awareness program

Date: 14-04-2021

Poster

The poster features the following elements:

- Logos of the Government of Karnataka, CMRIT (CMR Institute of Technology), and the National Service Scheme (NSS).
- Text: "CMR Institute of Technology", "Bengaluru", "National Service Scheme", "Covid Vaccination Awareness Program", "14 April 2021", "Vaccination awareness program (April 11 to 14, 2021)".
- A central banner with the text "#LARGEST VACCINE DRIVE" and an image of Prime Minister Narendra Modi.
- A statistics bar at the bottom with the following data:

Category	Value
Total Vaccination Sites	1061.54+ Lakh
Open 1 Vaccination	937.11+ Lakh
Open 2 Vaccination	124.43+ Lakh
Total Vaccination 100%	487.53+ Lakh
Total Vaccination - Female	449.46+ Lakh
APPT Approved	18226

Creating awareness on Covid Vaccination by organizing Talk on Vaccination by NSS Volunteers

14. Event name: **Poster Making Competition**

Date: 13-04-2021

Poster



Creating awareness on Covid Vaccination by conducting Poster making competition on Covid vaccination.

15. Event name: **Backyard Plantation Drive**

Date: 05-06-2021 to 10-06-2021

Poster:





Environmental Day Celebration during lockdown to raise global awareness to take positive environmental action to protect nature by organizing backyard Plantation drive.

16. Event name: Quiz on Covid

Date: 10-06-2021

Poster:



*It's one's duty to know the real facts and eliminate the myths about the pandemic.
The main aim of this competition was to ensure that everyone knows the facts about
COVID-19 pandemic.*

*17. Event name: Quiz on Covid
Date: 29-06-2021 to 02-07-2021*

Poster:



Vaccination is the most effective way to protect against infectious diseases. To avoid further spread of covid 19, covid vaccination drive was organized.



18. Event name: SSLC Exam Volunteering

Date: 19-07-2021 and 22-07-2021



NSS Volunteers joined hands together with Youth for Seva Karnataka and actively involved in screening of SSLC students during SSLC Exams at various schools in Bangalore

19. Event name: Independence Day celebration

Date: 15-08-2021



75th Independence Day celebration

20. Event name: *Cyclathon*

Date: 17-08-2021

NSS CMRIT
PRESENTS
CYCLATHON
#StayFit
Open for everyone!
17th August 2021
7 AM
DRESS CODE:
WHITE T-SHIRT
CONTACT:
GAGAN PATIL 7032476994
GAURAV SRIVASTAVA 8198072190
@nss_cmrit_official



On account of Amruth Mahotsava Celebration, cyclathon was organized to motivate and urge citizens to do exercise on daily basis.

10. Event name: **Singing National Anthem**

Date: 15-08-2021



As a recitation to national Anthem students involed in singing national anthem. Also Students received E-certificate from Government of India after uploading it in Rasthaghana Website.



